

Problem Description



- → 130,000 injury-inducing accidents annually in US
- → 1,000 deaths from biking accidents annually
- → \$23 billion lost in injury expenses, hospital expenses, work/productivity losses, etc.
- → Stationary bikes provide information and data but do not allow you to be mobile
- → High quality stationary bikes (ex. Peloton) are expensive (\$1500-\$2500)

Proposed Solution



- → Automatically shifts gears to facilitate a smooth riding experience
- → Algorithm for gear shifting will take into account pedal speed and bike incline
- → A solenoid actuator will be used to manually shift the gears
- → Aggregates information on heart rate, distance, and speed
- → All data will be displayed to the user on an LCD display
- → The data will transmitted via Bluetooth to an smartphone app
- → This app will be integrated into the Apple Health app
- → Data on calories burned will be included and will be calculated with force of gravity relative to the incline, pedaling speed, and gear level resistance

Demonstrated Features

- → Can effectively use a motion sensor and a gyroscope to determine what gear the bike should be in
- Automatically shifts the gear to the ideal gear setting based on incoming data
- → Has the ability to electrically interface with the mechanical gear shifter
- → Safety check to prevent gear switching if the pedals aren't actively turning
- → Has an LCD display that shows exercise stats such as distance traveled, bike gear, etc.
- Connects using Wifi and Bluetooth to a smartphone app that analyzes bike workouts
- → Measures heart rate of rider using a sensor

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WARM UP

Available Technologies – Push-Pull Solenoid & LCD Panel

→ Device to convert electrical power to mechanical power



- → LCD panel will be put on the handlebars as the user interface
- → Helpful exercise information, such as distance traveled, calories burned, and current gear will be displayed

Available Technologies – Motion Sensor & Gyroscope

- → Passive Infrared (PIR) sensor
- Detects rotational pedal speed using infrared emissions from the users foot

- ➔ Gyroscope
- → Senses tilt angle of bike
- Used in conjunction with motion sensor to determine optimal gear choice





Available Technologies – Power

- → 2Ah, 3.7 LiPo battery
- → Projected 300 hours of battery life



→ USB type C interface for recharging



Available Technologies – Sensor for Distance

- → Hall Effect sensor to determine distance bike travels
- Works by attaching a sensor on the bike frame and a magnet on a spoke of the bike wheel
- Sensor used to determine RPM of bike wheels which can be converted to linear distance



https://www.electronics-tutorials.ws/electromagnetism/hall-effect.html

Available Technologies – Heart Rate Monitor

- → Example heart rate sensor circuit for Arduino
- → Uses an infrared emitter LED to detect blood flow
- → Use this as a basis to make our own board



Engineering Content

→ We will have to start by designing the individual interfaces on the different parts of the bike.

- → We will need someone working on...
 - The electrical-mechanical interface meant to move the gear-shifter and where to angle the solenoids
 - The code for the fitness app and the bluetooth component connecting to the heartbeat sensor
 - Programming the different functions of the system into the board and how all of the different components will wire to the board
 - the speed and distance analysis with the wheel sensor and LCD
 - the safety check with the pedal sensor
 - the motion sensor boundaries and gyroscope settings for the gear shifter to act upon
 - How to fit the different devices to the bike and assemble everything together so that the whole SmartCycle functions as one cohesive system



Sensor Map



Conclusion

- → This product will make casual biking far more enjoyable and simple for the rider and will likely lead to fewer accidents for those who commute by bike
- → It will also allow the technological benefits of a traditionally stationary exercise bike to translate to an outdoor setting
- → We believe that this product will effectively serve a generation becoming increasingly interested in biking as a form of transportation